

Service Delivery to Vulnerable Groups

March 2009



Background

- **Use OUT. Started in 1994, 15 years old, with experience and expertise in direct service delivery, research, mainstreaming and advocacy. Acknowledge links between these.**
- **Central question is how to upscale direct services broader than one city with limited target groups. Move to three new sites with programmes. 09-19.**



Focus Areas of Work

Health- improve the general health of and well-being of LGBTI people through assessment, prevention, education and community outreach. It has three functions i.e. research, advocacy, services (mainstreaming and direct) & evaluation.

Broader advocacy and mainstreaming- focuses on gender and LGBTI sector.

International/Africa- focuses on twinning agreements with groups in Africa around organisational development, HIV programme development and broader advocacy programme development.



Research

- Completed studies on levels of empowerment (Gauteng), minority stress and HIV risks, various programmatic needs assessments.
- Currently busy with levels of empowerment (North West), misinformation and HIV risks, social and sexual networks among MSM (limited WSW) in Pretoria, and substance use and risk.
- Planned empowerment study in Mpumalanga and longitudinal prevalence and behavioural studies.
- Major programmatic implications: testing for young gay men, risky behaviours among older gay men, risks of black lesbian women, alcohol and drug use for white gay men, importance of information/attitude/self efficacy for black gay men.
- Importance of discrimination and internal stressors for white and black gay men.



Lesbian • Gay • Bisexual • Transgender
(LGBT) WELL-BEING

Health Advocacy

- HIV. Representation on selected SANAC structures. Participation in the activities of the Joint Working Group and national efforts to ensure inclusion and programming and co-ordinating this with OUT's work.
- Victim Support. National, provincial and local. Trainings, protocol development (domestic violence, rape etc), Victim Support Centres, submissions (Justice on Victim Charter), articles on hate crimes, direct hate crime support, curriculum inclusion.

Health Services

- **Prevention.** Web based prevention. Barrier methods. Sex and Lifeskills workshops. Age related health programme.
- **Secondary.** Play safe (substance use, outreach testing and risk reduction), clinic for early detection and outreach to lesbian women and black people, community events (importance of community norms, include support groups, book clubs, mobilisation), counselling (face to face, electronic and telephonic).
- **Tertiary.** Clinic for treatment and management, HIV support, AA.

Health Mainstreaming

- Study Groups for therapists, trainings within VEP structures, PHRU Cape Town model of health clinic within DOH allowing for comprehensive, appropriate service and mainstreaming, Intern Placements of research and medical professionals.
- **Evaluation.** In 2009-2012 a thorough evaluation of programme impact on risk behaviours. Should focus on behaviour change over time. Write up on best models to mainstream LGBTI issues.

Structure and Budget

- 4 Offices. Health. 1 senior programme manager, 4 programme managers. Advocacy and Mainstreaming (6 people), Secondary and Tertiary Health Services (18 people), Primary Services (11 people), Research and Evaluation (3 people).
- Africa programme. One Senior Manager and three staff members for implementation.
- Annual budget of \$2 319 900-00. Africa programme: \$112 000-00.
- Secondary and Tertiary Services: \$327 000-00. Primary Prevention: \$264 000-00.



